



# Lunch Menu

## Appetizers

|   |              |
|---|--------------|
| <b>Freshly Prepared Soup of the Day</b><br>Served with a Crusty Roll                      | <b>£4.25</b> |
| <b>Cajun Chicken Caesar Salad</b> (6,9)   | <b>£6.25</b> |
| <b>Classic Caesar Salad (v)</b> (6,9)   | <b>£5.95</b> |
| <b>Ginger Breaded Goats Cheese</b> (2,4,6,7,13)<br>Beetroot Panna Cotta & Pea Shoots      | <b>£5.95</b> |
| <b>Avanti Prawn Cocktail</b> (3,6,14)<br>Wheaten Bread                                    | <b>£6.95</b> |
| <b>Bang Bang Chicken Avanti Style</b> (1,2,10,11)<br>Served with salad                    | <b>£6.25</b> |
| <b>Breaded Stuffed Mushrooms</b> (2,4,6,7,13)<br>Served with Salad Garnish & Garlic Aioli | <b>£6.25</b> |

Food Allergens – Listed Beside Each Menu Item

|                |             |                  |             |
|----------------|-------------|------------------|-------------|
| 1. Celery      | 5. Fish     | 9. Mustard       | 13. Soya    |
| 2. Gluten      | 6. Lupin    | 10. Nuts         | 14. Sulphur |
| 3. Crustaceans | 7. Milk     | 11. Peanuts      | Dioxide     |
| 4. Eggs        | 8. Molluscs | 12. Sesame Seeds |             |

# Deli

## Freshly Made Sandwiches

£4.25

- Chargrilled Chicken with Mango & Honey Madras Mayo (2,4)
- Chargrilled Chicken, Parmesan & Basil Pesto (2,7)
- Roast Beef, Lemon Rocket, English Mustard & Shaved Parmesan (2,7,9)
- Baked Ham, Fivemiletown Cheddar, Plum & Apple Chutney (2)
- Tuna & Red Onion, Watercress (2,5)
- Avanti Salad Sandwiches (2)

Toasted  
Sandwiches  
£5.50

## All Sandwiches available as a Soup Combo

£7.95

### Open Steak Sandwich (2,7)

£16.95

Topped with Confit of Onions & Mushrooms  
Tossed Salad, Mustard Mayo, Triple Cooked Chips

### Warm Thai Chicken Salad (6,7)

£9.95

Oriental Stir-fry, Curry Oil, Soy Dressing Arctic Bread

### Cajun Style Chicken Panini (2,6)

£8.95

Salad garnish & Choice of side

### Mediterranean Vegetables & Goats Cheese Panini (2,6)

£8.95

Salad garnish & Choice of side

### Super Food Salad (6,9)

£8.95

Quinoa, Bulgur Wheat, Butternut Squash, Pomegranate Seeds,  
Red Peppers, Edamame Beans Pumpkin Seeds & Coriander

### Smoked Chicken Club House (2,6)

£9.95

Crushed Avocado, Crispy Bacon & Skinny Fries

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# Mains

**Crispy Breaded Chicken Goujons** (2,4,6,7)

Served with Salad Garnish & Choice of Side

£10.95

**Red Thai Chicken & Coconut Curry** (3)

Pilau Rice & Naan Bread

£10.95

**Traditional Fish & Chips** (2,4,5,6,7)

Mushy Peas

£10.95

**Battered Scampi** (2,4,5,6,7)

Tartar Sauce, Lemon & Choice of Side

£12.95

**Chicken or Beef Stir Fry** (1,2,14)

Stir-fried Veg, Cashew Nuts, Chilli, Ginger, Ketjap  
Manis & Noodles

£11.50

**Roast Chicken Pasta Carbonara** (2,4,6,7,14)

Pan Fried Chorizo, Mushroom & Parsley Cream

£10.95

**Knox's Beef Burger** (9)

With Triple Cooked Chips

**Add** – Cheddar, Cashel Blue, Goats Cheese, Bacon  
or Caramelised Onions

**for an extra 50p per item**

£9.95

**Southern Fried Chicken Burger** (2,4,5,6,7)

Served with Lettuce & Tomato Choice of Side

£10.95

**Avanti Style Roast of the Day**

Ask server for details

£10.95

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## Vegetarian

### **Simple Coconut, Quinoa & Lentil Curry (1,2,4,6,7)**

Fragrant Rice, Spicy, Pickles ,Poppadom & Raita

**£9.95**

### **Potato Mozzarella Rosemary & Thyme Pizza (2,4,6,7,9,14)**

**£9.95**

## Sides

Chunky Chips (2)

Skinny Fries (2)

Garlic Potatoes (2,7)

Vegetables of the Day (7)

Mash

Confit of Onions & Mushrooms

Champ (7)

Peppered Onion Rings (2,4,7)

Sweet Potato Fries (2)

House Salad

**All £2.95**

## Sauces

Gravy (7,14)

Peppercorn Sauce (2,7,14)

Garlic Butter (7)

Diane Sauce (2,7,9,14)

**£1.50**

**£2.50**

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3. Crustaceans

7. Milk

11. Peanuts

Dioxide

4. Eggs

8. Molluscs

12. Sesame Seeds