



Lunch Menu Gluten Free

Appetizers

Classic Caesar Salad (v)	£5.95
Cajun Chicken Ceaser Salad	£6.25

Main Course

Avanti Style Minute Steak Confit of Onions & Mushrooms & Salad Garnish	£10.25
Warm Thai Chicken Salad Oriental Stir-Fry, Curry Oil,	£9.95
Super Food Salad Quinoa, Butternut Squash, Pomegranate Seeds, Red Peppers, Edamame Beans , Pumpkins Seeds & Coriander	£8.95
Avanti Roast of the Day Ask server for details	£10.95
Beef Stir Fry Stir-Fried Veg, Cashew Nuts, Chilli, Ginger Ketjap Manis, & Rice	£11.50
Plain Roast Breast of Chicken With Choice of Side	£10.95
Balti Chicken Curry With Pilau Rice	£10.95
Simple Coconut, Quinoa & Lentil Curry (v) Fragrant Rice, Spicy, Pickles & Raita	£9.95

Sides

Vegetables of the Day House Salad
Mash Confit of Onions & Mushrooms

All £2.95

Ask your server for dessert options